

# Joe Brandi Relays 2022 at Connetquot High School

## Friday 4/22/22 and Saturday 4/23/22

### FRIDAY 4/22/22 Open Races – max of 4 athletes per team

9:30am Pentathlon Hurdles

9:45 100m Hurdle: Trials

**10:00 1500m Run: arrive by 9am**

Crawson	Ryan		
5:32	5:36 PR		

**10:25 100m Dash: Trials arrive by 9am**

Herrera	Requelmy	Espinal	
14.76	No Show	16.26	

10:30 Pentathlon Long Jump

10:55 1500m Racewalk

**11:20 400m Dash: arrive by 10am**

Mathieu			
Hurt			

11:50 100m Hurdles: FINALS

**11:55 100m Dash: FINALS**


12:00 Pentathlon High Jump

**12:00 800m Run: arrive by 10am**

Slattery	K.Hamel		
2:52	2:56		

**12:20 3000m Run: arrive by 10am**

Hamel			
11:59			

**12:35 200m Dash: arrive by 10:30am**

Wanerka	Baloga	Szymanski	Herrera
28.83	35.89	sick	30.20

## Relay Races on SATURDAY APRIL 23<sup>RD</sup> 2022

### FIELD EVENT RELAYS

**9:30 2xLong Jump Relay arrive by 8:45am**

Guerrera	Herrera	TOTAL
?	?	

TBA 2xTriple Jump Relay

**9:30 2xHigh Jump Relay arrive by 8:45am**

Wanerka
4'6 SB

**9:30 2xShot Put Relay but Pentathlon shot put first arrive by 8:45am**

Battcher	Franco-Sierra	TOTAL
22'5	21'1.25	

**9:30 2xDiscus Relay arrive by 8:45am**(Schools M-Z will throw shot first and disc 2<sup>nd</sup>)

<b>Battcher</b>	<b>Franco-Sierra</b>	<b>TOTAL</b>
<b>65'5 PR</b>	<b>64'9 PR</b>	

## Running Relays

9:30 2x400m Hurdles

9:55 4x1600m Run

10:30 4x100m Relay

11:00 2x800m Walk Relay

**11:20 Mile Medley Relay 4-2-2-8 arrive by 9:30am**

<b>400m</b>	<b>200m</b>	<b>200m</b>	<b>800m</b>	
<b>Wanerka</b>	Herrera	Guerrera	Crawson	
<b>66.3 PR</b>	30.1	28.1	2:46	4:50

<b>400m</b>	<b>200m</b>	<b>200m</b>	<b>800m</b>	
<b>Slattery</b>	<b>Espinal</b>	K.Hamel	E.Hamel	
<b>67 PR</b>	<b>29.5 PR</b>	31.7	2:43	4:51

<b>400m</b>	<b>200m</b>	<b>200m</b>	<b>800m</b>	
O'Hara	<b>Murphy</b>	Miller	<b>Ryan</b>	
78.3	<b>32 PR</b>	35.3	<b>2:36 PR</b>	5:02

12:00 4x400m Relay

12:30 Shuttle Hurdle Relay

12:45 2x2000m Steeplechase relay

1:20 Pentathlon 800

**1:25 4x200m Relay arrive by 10:00am**

<b>Perez</b>	Bonnett	Murphy	<b>Miller</b>	
<b>32.1 PR</b>	34.8	32.7	<b>32.4 PR</b>	2:07

<b>Quinn</b>	Dieudonne	Barhona	Cole	
<b>32.1 PR</b>	35.4	36.4	38.5	2:20

**1:50 Swedish Medley Relay 1-2-3-4**

<b>100m</b>	<b>200m</b>	<b>300m</b>	<b>400m</b>	
Slattery	K.Hamel	Guerrera	Ryan	
14.6	33.7	47.3	68.5	2:44.2